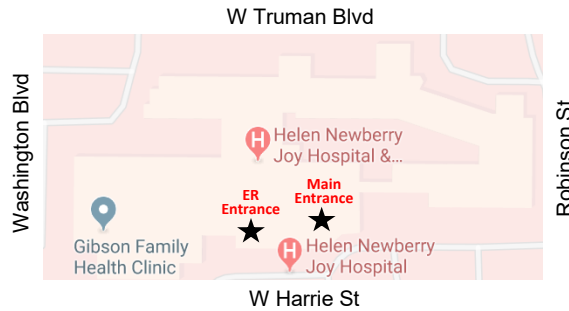




At Helen Newberry Joy Hospital, our surgical services staff understand that not everyone knows what to expect going into surgery, so we make an effort to guide each of our patients through the process so they can have the best experience possible.

Thank you for choosing Helen Newberry Joy Hospital for your surgery needs. Caring for our patients is our top priority and our team is dedicated to providing the best surgical experience for our patients.

For any patient care concerns, please contact the Patient Advocate at 906.293.9223.



All patients checking in at 6:00AM must use the ER entrance and check in with Emergency Room registration staff.

All other patients, please report to Admitting in the main entrance lobby.

Contact Us

Gibson 2nd Floor Clinic - Dr. Adair
906.293.9118

Gibson Surgical - Dr. Bryant
906.293.9239

Northern Eye - Dr. Currier
800.772.1015

General Surgical Department
906.293.9284



Surgical Services



502 W. Harrie Street, Newberry, MI 49868
906.293.9200 | www.hnjh.org

Preparing for your Procedure

Your Procedure/Surgery

This brochure will answer some of your questions about what you can expect in preparing for your procedure/surgery.

The information provided is important, so please read it carefully and share it with whomever will be taking care of you at home.

What Should I Expect?

- You will be contacted by a Registered Nurse for a pre-screening phone call several days before your procedure/surgery. The nurse will review your medications, medical history, and instruct you on any tests that may need to be done prior to your procedure/surgery.
- **The day before your procedure/surgery**, we will call you between 9:00am and 3:00pm to give you the time of your surgery. You can also call the Surgical Department at 906.293.9284.

When and What Should I Eat?

- **DO NOT** eat or drink anything after midnight the night before procedure/surgery. This includes: water, food, coffee, any liquids, chewing tobacco, chewing gum, candy, breath mints, throat lozenges, antacids, etc.
- You may have sips of water with medications, if applicable.
- **DO NOT** consume alcohol or use tobacco products for 24 hours prior to surgery.
- You may brush your teeth, or use mouthwash, but **DO NOT** swallow any liquids.

These restrictions are for your safety.

What About Medications?

- You will be advised what medications to take by your surgeon, anesthesia provider, and/or surgical nurse.
- Bring a list of all medications with you and any inhalers.
- If you use a CPAP or BIPAP, please bring it with you to the hospital.
- If you are diabetic, we will check your blood sugar on arrival. **DO NOT** take any oral diabetic medications or insulin prior to arrival.

Will I Need Someone to Take Me Home?

YES! To ensure your safety, you must make arrangements for a responsible adult to drive you home and stay with you at home after your procedure/surgery.

They should also be available during your stay in case of emergency, and to listen to discharge instructions.

If you do not have these arrangements made on the day of the procedure/surgery, your procedure/surgery may be canceled.

Minors need to be accompanied by parents or legal guardians on the day of your procedure/surgery. Legal guardians need to bring proof of guardianship the day of the procedure/surgery.

Other Instructions

Follow ANY special instructions given to you by your surgeon. Space is limited in the waiting room, please:

- **DO NOT** bring more than two responsible adults with you.
- **DO NOT** bring children unless they are the patient having the procedure/surgery.

What Should I Bring?

- Your insurance cards and ID card/drivers' license
- A responsible adult (see Will I Need Someone to Take Me Home?)
- If you wear contact lenses, bring the container and solution for them, or wear your glasses.
- A copy of your durable power of attorney for healthcare, living will, and/or advanced directive

What to Leave at Home?

- Please leave all valuables at home, including purse, wallet, and jewelry.
- Please remove all jewelry (including body piercings) and nail polish.

What if I Become Sick Before My Procedure/Surgery or Need to Cancel?

Call your surgeon's office or the Surgical Department at 906.293.9284 as soon as possible about any changes in your health including cold, fever, flu, or any skin changes at or near the surgical area.

Infection Control

To reduce the risk of infection:

- Shower the night before or morning of the procedure/surgery with antibacterial soap.
- **DO NOT** apply lotions, creams, powders, or oils after showering.
- **DO NOT** wear makeup.
- **DO NOT** shave surgical area.